

FALL 2018 · SOCALPULSE.COM

SAN DIEGO

# where

BECAUSE YOU'VE ARRIVED

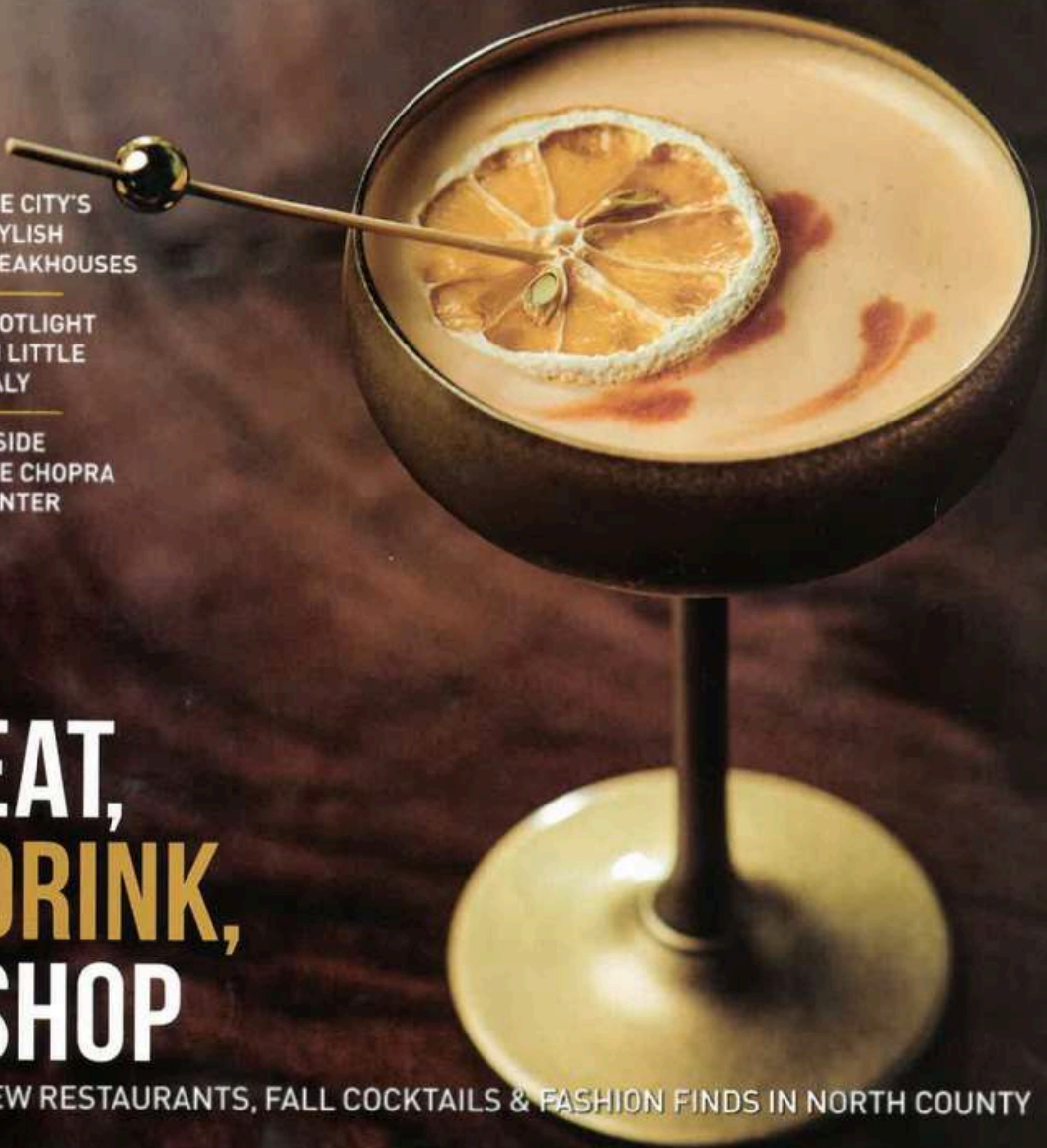
THE CITY'S  
STYLISH  
STEAKHOUSES

SPOTLIGHT  
ON LITTLE  
ITALY

INSIDE  
THE CHOPRA  
CENTER

EAT,  
DRINK,  
SHOP

NEW RESTAURANTS, FALL COCKTAILS & FASHION FINDS IN NORTH COUNTY





Left to right: Downtown's Waterfront Park; a Gaslamp Quarter light post; shopping at Horton Plaza.

**Museum** (404 Third Ave.) features a garden and koi pond.

The **San Diego Symphony** performs at Copley Symphony Hall, while **San Diego Opera** and **Broadway/San Diego** present productions at the **Civic Theatre** (1100 Third Ave.), and the **Spreckels Theatre** (121 Broadway) hosts performing arts events throughout the year.

#### EAST VILLAGE

**Petco Park** (100 Park Blvd.) and the **Central Library** (330 Park Blvd.) are major landmarks of this edgy neighborhood. Enjoy some open, green space at **Fault Line Park** (1433 Island Ave.). For some retail therapy, stop by **McKenzie Rae Dresses** (643 G St.), which sells elegant frocks and accessories; and **Wild Dove Boutique** (740 Market St.) for contemporary women's fashions.

The area's burgeoning art scene includes a few notable out-

posts: **Space 4 Art** (325 15th St.), a gallery/arts center where artists live and work; and **Alexander Salazar Fine Art** (225 W. Market St.), a modern art gallery.

#### LITTLE ITALY

A few blocks north of downtown, Little Italy is home to restaurants, galleries, boutiques and markets dotting the main drag, India Street. Highlights include **M Winehouse** (1918 India St.) wine bar and **Ballast Point** (2215 India St.) craft beer tasting room; a handful of galleries, such as **Meyer Fine Art** (2400 Kettner Blvd., #104), featuring contemporary art by renowned artists; and cool shops, including **Little Apple** (1980 Kettner Blvd., #60), selling women's clothing.

Take time to explore the streets branching off from India, too. The colorful cottages of the **Fir Street Shops** include **Love & Aesthetics** (621 W. Fir St.),

stocked with rare artwork, home wares, bath products, jewelry and gift items; as well as **Vitreum** (619 W. Fir St.), specializing in simple, elegant ceramics. On Cedar, **Vocabulary** (414 W. Cedar St.) is a chic boutique featuring emerging designers. Running parallel to India Street, Kettner Boulevard forms the spine of the art-and-design district. A gallery cluster near the corner of Kettner and Kalmia includes **Subtext Gallery** (2479 Kettner Blvd.), focused on lowbrow and graphic artists. Shop for vintage and modern furniture, art and home accents at **@HOM** (2310-B Kettner Blvd.). And pop into **Kapreeza** (1772 Kettner Blvd.), a European lingerie and swimwear shop. Foodies will enjoy roaming the popular Saturday morning **Mercato** farmers market on Cedar Street (619.233.3769).

#### EMBARCADERO

Shop and dine at **The Headquarters at Seaport**, offering boutiques and galleries; and **Seaport Village**, with shops, restaurants and galleries such as **Wyland Galleries** (855 W. Harbor Drive), selling paintings, prints and sculptures by marine life artist Wyland. Grab an iced cappuccino at **Upstart Crow Bookstore & Coffeehouse** (835-C W. Harbor Drive) and head for the **Embarcadero Marina Park**, which offers bike and jogging trails, basketball courts and picnicking. Continue north along the harbor to **Broadway Pier** and embark on sightseeing cruises and/or dinner excursions aboard the **Hornblower** (970 N. Harbor Drive), or catch the **Coronado Ferry** (1050 N. Harbor Drive). Make time to tour the retired **USS Midway** aircraft carrier and the floating **Maritime Museum**. ☉



The Side Salad at You & Yours

#### insider tips

#### BOTTOM'S UP

Try these stylish downtown watering holes for fabulous craft cocktails, beer and wine.

#### Craft & Commerce/ False Idol

675 W. Beech St., Little Italy,  
619.269.2202

#### Fairweather

795 J St., East Village,  
619.255.6507

#### The Lion's Share

629 Kettner Blvd., Marina  
District, 619.564.6924

#### Noble Experiment

777 G St., East Village,  
619.888.4713

#### The Nolen

453 Sixth Ave., Gaslamp  
Quarter, 619.796.6536

#### The Smoking Gun

555 Market St., Gaslamp  
Quarter, 619.233.3836

#### Top of the Hyatt

Manchester Grand Hyatt,  
1 Market Place, downtown,  
619.232.1234

#### You & Yours Distilling Co.

1495 G St., East Village,  
619.955.8755